

Cleaning Tips

TO COMBAT COVID-19



Use these cleaning tips to combat the spread of COVID-19 in your practice.

HAVE A PLAN

Have a plan in place that addresses how often certain objects and areas will be cleaned.

DIRTY SURFACES

Clean dirty surfaces with soap and water. Once the surface is clean disinfect the surface with a disinfectant.

FOLLOW INSTRUCTIONS

Always follow cleaning chemical instructions to ensure the product will be effective. Wear the appropriate PPE while using cleaning chemicals.

DISINFECT

Use a FDA-approved disinfectant that kills COVID-19 to disinfect objects that are touched regularly throughout the day.

BLEACH

If disinfectants are in short supply, 1/3 cup of bleach to a gallon of water or 70% alcohol solutions can be used.